



CHARLESTON DORCHESTER MENTAL HEALTH CENTER

Programs, Partnerships, Services, and Community Outreach

SOUTH CAROLINA DEPARTMENT OF MENTAL HEALTH



CHARLESTON DORCHESTER MENTAL HEALTH CENTER (CDMHC)

**PRESENTER:
JENNIFER ROBERTS, LPC, CPM
EXECUTIVE DIRECTOR, CDMHC
1/6/2021**



DMH INPATIENT HOSPITALS AND NURSING HOMES



Richard M. Campbell Veterans' Nursing Home - a 220-bed skilled nursing care facility for Veterans in Anderson.



Patrick B. Harris Psychiatric Hospital - a 121-bed acute, psychiatric hospital located in Anderson.

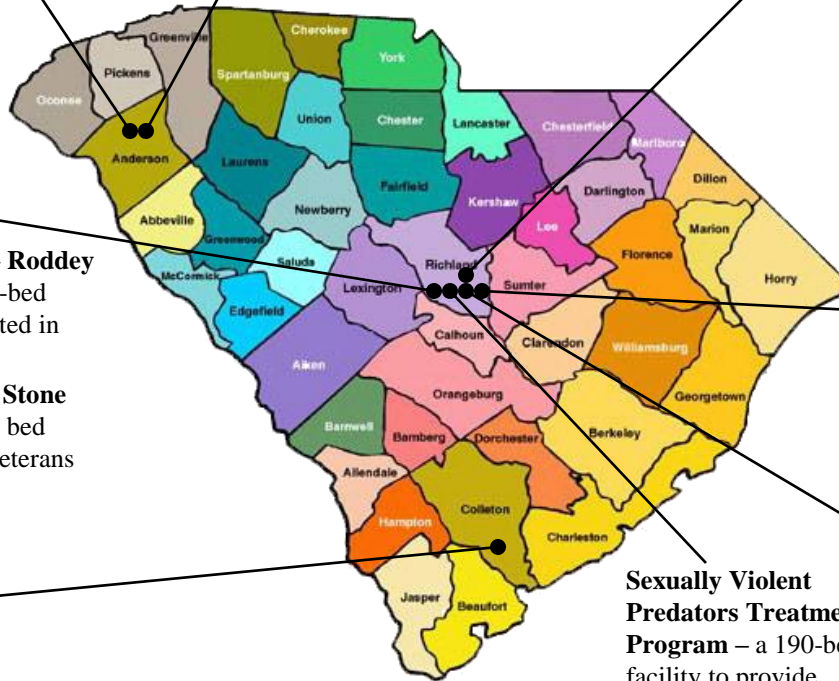


G. Weber Bryan Adult Psychiatric Hospital (Acute) - a 166-bed acute care hospital located in Columbia.
(Forensics) - a 215-bed treatment facility for patients found Not Guilty by Reason of Insanity (NGRI) or not competent to stand trial.



Tucker Nursing Care Center - Roddey (General Nursing Home) - a 185-bed skilled nursing care facility located in Columbia.

Tucker Nursing Care Center - Stone (Veterans Nursing Home) - a 76 bed skilled nursing care facility for veterans



William S. Hall Psychiatric Institute - a 50-bed child and adolescent hospital. Located in Columbia.



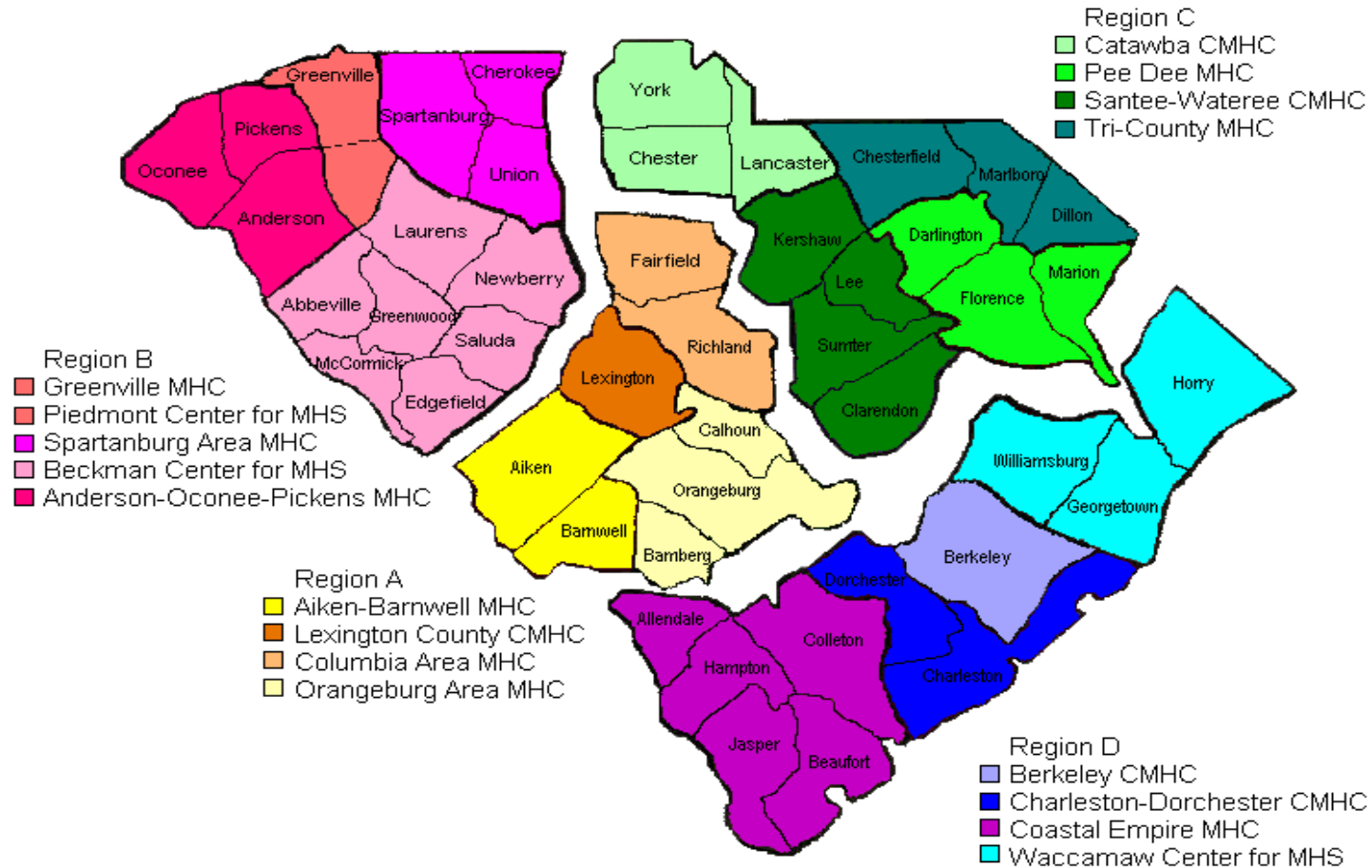
Veterans' Victory House - a 220-bed skilled nursing care facility for Veterans located in Walterboro.



Morris Village Alcohol and Drug Addiction Treatment Center - a 96-bed alcohol and drug treatment center in Columbia.

Sexually Violent Predators Treatment Program - a 190-bed facility to provide treatment for persons adjudicated as sexually violent predators. Located at the SC Department of Corrections.

COMMUNITY MENTAL HEALTH CENTERS





CHARLESTON DORCHESTER MENTAL HEALTH CENTER

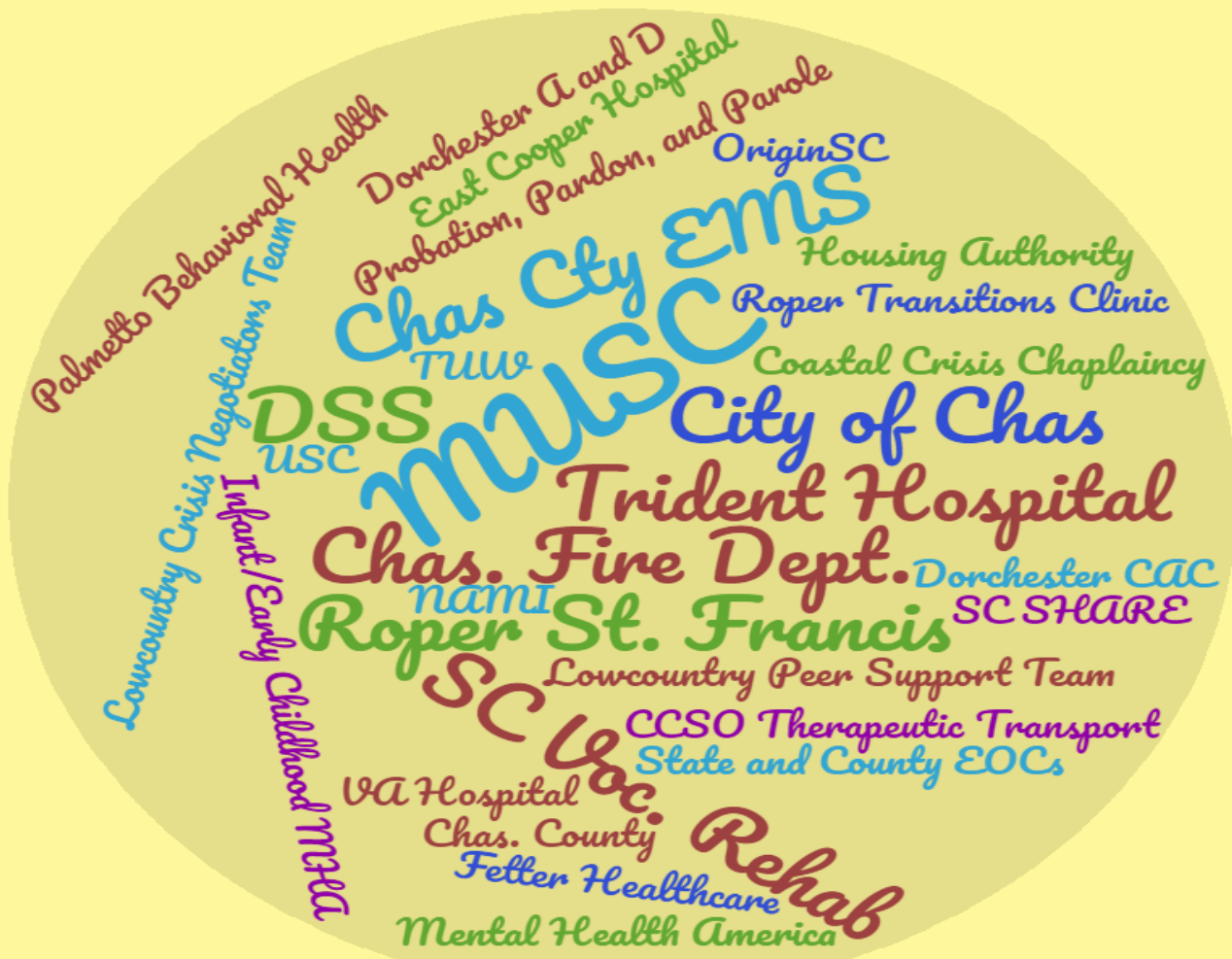
hope. healing. recovery.

- **Established in 1928**
- **One of the 2 largest of the 16 Centers operated by SCDMH**
- **CARF Accredited**
- **Currently 293 staff (268 FTEs) – 2 main clinics in Chas. and Summerville**
- **Approx. \$22 million budget**
- **Approx. 8600 patients we serve annually (1600 children/5000 adults)**
- **Serve over 10,000 citizens (not all opened to center) annually**
- **Same day access – no appointments necessary for initial assessments/walk ins (emergent or routine appointments)**
 - **Walk ins available between 9a and 3p/M-F; Appointments also available.**

WHERE ARE WE EMBEDDED OR VISIT REGULARLY TO PROVIDE SERVICES?

MPPD
Probate Court
Al Cannon Detention Ctr
DD2 & DD4
St. James Santee Clinic
One80 Place
Lowcountry CAC
111 Schools
St. Charles Center
911 Consolidated Dispatch
CCSO
Summerville PD
Chas. PD
St. Paul's Health Clinic
Shifa Clinic
Navigation Center

MORE OF OUR MANY PARTNERS...



EMERGENCY SERVICES

- Assessment/Mobile Crisis (since 1987)
 - Police drop offs/jail diversions
 - Direct Admissions to inpatient facilities
 - EMS Telehealth Project (2017)
 - MPPD Telehealth Project (2020)
 - 911 Consolidated Dispatch Embedded clinician (2020)
 - Statewide Mobile Crisis Call Center (2020)
- **Mobile Crisis is available in all 46 counties in SC, 24/7/365**
843-414-2350 locally or
833-DMH-CCRI statewide

Tricounty Crisis Stabilization Center (TCSC)

A 10 bed voluntary unit for adults in psychiatric crisis (currently closed but re-opening in Feb. 21)

- Clinically appropriate emergency department (ED), inpatient hospital, and jail diversion program
- Legally appropriate triage and police drop off option for law enforcement
- Clinically and legally appropriate shortened length of stay (LOS) in ED, inpatient bed, jail
- Option for stepdown/transfer from ED, jail, inpatient hospital or transfer from Sobering Center (in the plans to open next door)



- **Regional Case Mgt Teams (Chas)** – serve most CDMHC adult patients; provide assessment, crisis, Ind.Tx., Group tx, Family tx.
- **Intensive Community Treatment (ICT) Teams** – provide services to those with more intensive needs; often provided in homes. (Since 1990's)
- **Dual Dx (Dorch)** – provide tx services to patients dx'ed with mental health and A and D needs.
- **Mental Health Court (since 2003)** – Jail diversion program in Chas. that provides treatment and support services to people with misdemeanor or non-violent offenses; emphasis on recovery vs. incarceration.
- **STOP** – focused short term treatment; up to 12 wks
- **Geriatric Psychiatry Clinic** – Focused on specialized needs of elderly patients. Cognitive decline may be masked by MI or overlooked completely. Different ages = different needs.

ADULT TREATMENT SERVICES/PROGRAMS

- **NAVIGATE/New Directions** -2 teams providing evidenced based services to those 15-40 who have experienced their First Episode of Psychosis in the last 2 years – Services include:

- medication mgt
- individual resiliency training
- care coordination
- family education
- individual and group therapy
- vocational services
- certified peer support

- **Highway to Hope** (Since 2010) – RV parks in Edisto, Mt. P., McClellanville, Hollywood, and One80 Place providing services to those with limited or no access to treatment.
- **Navigation Center and One80Place-** part-time services provided here
- **Jail Services** (Since late 90s) – team provides mostly SI/HI assessments, meds, to the inmate population at the jail. Jail liaison helps connect inmates with svcs. upon leaving the jail.

ADULT TREATMENT SERVICES/PROGRAMS "

- **First Responder Support Team (FRST)** since 2007- Located in its own location - Specialized treatment svcs. for first responders and their families; fire, LE, EMS, coroner, etc. are available.
- **Crime Victim Counseling Support Unit** (since 2015)– 6 MHPs stationed in CPD, MPPD, NCPD, CCSO, SPD, and DCSO providing training/consultation to staff and treatment to victims of domestic violence and other crimes. (VOCA and Alliance grant assisted positions)
- **Administrative Demand-** Allows us to share information about patients with LE in non emergency situations.



- **Crisis Intervention Training (CIT)**
- **Lowcountry Negotiators Training**
- **SCLEAP**
- **24/7 Mobile Crisis Response**
- **Debriefings after critical incidents**

**SUPPORTING LAW
ENFORCEMENT**

- **Individual Placement and Support (IPS)** – an evidenced based vocational program that helps patients acquire and maintain competitive employment; a SC Voc collaborative.
- **Homeshare** (since late 90s)– This program integrates patients into community households that are willing to share their homes.
- **Entitlements** – staff provide patient assistance with getting Caid/Care, food stamps, voter registration, etc.
- **Certified Peer Support Services (CPSS)** – CPSS’s use recovery tools, personal recovery stories, and community networking to support patients/peers in recognizing the opportunities of living the lives they want to live.
- **Housing Assistance** – CDMHC receives federal funding to assist with the housing needs of our patients and contracts with apartment complexes, CRCFs, etc. for housing options.
- **Probate Court** – Ongoing evaluations completed for both counties
- **NAMI support groups** – held at Chas. Clinic monthly

ADULT ADJUNCT SERVICES AND PROGRAMS

- **Homeless Outreach** (since 2017)- A MHP works with the Chas. Homeless Coalition and the City of Chas. to provide treatment, referrals, and assist with finding/funding housing; staff works out of One80 Place, the Navigation Center, TCSC, and in the community.

- **Jail Transition Staff** - A MHP works in the Al Cannon Detention Center to assist inmates being released with getting connected to services.

- **Other PATH services:**

- Care Coordination
- Certified Peer Support
- SOAR Specialist
- Entitlements
- Vocational Services
- Housing Assistance

PATH TEAM
(PATIENT ASSISTANCE WITH
TRANSITIONS AND HOMELESSNESS)

- **School Mental Health** (since mid 90's) – 2020-2021 School Year – In most schools (excluding most Charters) in Chas. and Dorch. Counties; housed in schools up to 5 days/wk.
- 77 SMH positions (112 schools covered)
(SB Telepsychiatry services included and telehealth is now offered to families for therapy).
- **Lowcountry Child Advocacy Ctr (LCAC) and Dorchester CAC** – CDMHC staff provide forensic and mental health assessments to children who are victims of sexual or physical abuse. Embedded in LCAC.
- **MDFT** – A MDFT team stationed at DJJ and schools provide very intensive treatment and education to DJJ/DSS clients and their families. Evidenced based; community and in-home services.
- **DSS** – staff work with DSS clients in an effort to reunify them with their families or family preservation with foster and/or adopted children.
- **YIT** – Focused on 16-25 yrs, providing treatment, school and job supports, etc.; 1 day/wk at College of Chas.
- **DJJ** – Staff embedded at DJJ working with DJJ staff and families

CHILDREN & FAMILY SERVICES/PROGRAMS

- **Infant Early Childhood Mental Health Consultants (2020)**– Collaborative with SC Infant Mental Health Association - work with caregivers of 0-5 yr. olds to promote appropriate social and emotional development.

- **Crime Victims Counseling Support Unit (CVCSU) and Family Violence Unit (FVU)** (since 2015):

Counselors are embedded at:

CPD, NCPD, MPPD, SPD, CCSO and DCSO to provide services to victims of DV and other crimes.

- **PCIT** –Parent/Child Interactional Tx. (2-7 yrs); EBP focusing on improving relationships between child and family; 12-15 wks.

- **Assessment/Mobile Crisis**

- **Walk ins welcome**

- **24/7/365 days/year**

843-414-2350

- **Clinic based services available**

CHILDREN AND FAMILIES, CONT.

■ **Psychiatric Medical Assessments**

- MD's provide medical assessments (PMAs), meds, and on-going follow up for patients.
- Services offered: In our clinics, in homes, RV, and schools via telehealth and/or in person.
 - School PMAs are done by telepsychiatry unless families choose to come to one of our clinics.
- **Residents Clinic** – CDMHC hosts approx. 20 residents annually as part of the MUSC training program. Residents also staff our Crisis Stabilization Center after hours.

■ **Nursing Services** –

- CDMHC's medication clinic provides a full compliment of psych nursing care to patients
- Home visits
- MMO services
- Host nursing students
- PAP
- Primary care referrals

- **Fetter Health Care Network/Primary Care (since 2002)** – We have an APRN providing services to patients 1 day/wk. in the Chas clinic.
- **Prescription Assistance Program (PAP)**- helps pay for medications.
- **Mental Health HEROES (since 2008)** assists with paying for patient meds also
- **Care Coordination**- Referrals to outside care providers and resources
- **A Fetter Dental RV** is stationed at the Chas. Clinic every other month with services available Mon., Wed, and Fri. Dorchester schedule TBA. (On hold due to COVID).
- **SC HOPES** – support line that assists with MH needs for healthcare professionals and/or anyone with increased or new psychiatric sx's (i.e. stress, anxiety, depression, A & D...) due to COVID. Also pays for 30 days medications for inmates transitioning back to community.
 - **844-SC HOPES**

PRIMARY CARE, A & D, AND OTHER TREATMENT/REFERRAL ASSISTANCE

- **CIT Training** - CDMHC and NAMI have had a collaborative training with local law enforcement to better train officers to interact with people with mental illness since 1999
- **Lowcountry Negotiators Training** – CDMHC Mobile Crisis staff and local law enforcement agencies train together quarterly.
- **CDMHC and Chas Center** – Ongoing shared agency trainings re: mental health and alcohol and drug symptoms, use, and treatment
- **Lowcountry Mental Health Conference** – World renowned speakers for a 2 day event offering 15+ CEUs annually hosted by CDMHC and MHH (since 2011)
- **Child and Adult MH First Aid** - Trainings provided free of charge to community

TRAINING COLLABORATIVES

CDMHC and MHH host a national scale conference annually at the Gaillard Auditorium as a fundraiser for MHH to support its mission to assist the patients of CDMHC.

In it's 8th year, we had over 80 sponsors/vendors and 1500 attendees on August 1-2, 2019 at the Gaillard Auditorium. 2020 was cancelled due to COVID.

Visit our conference website for more info:

<http://www.lowcountrymhconference.com/>



**LOWCOUNTRY
MENTAL HEALTH
CONFERENCE
JULY 28-30, 2021**

MENTAL HEALTH INVOLVED COLLABORATIVE MEETINGS/TASKFORCES/COUNCILS...

- Mental Health Taskforce – Hosted by CDMHC since 1998. Held the first Friday of every other month (first one in 2021 is 1/8/21, 8:30-10 via Zoom)
- City of Chas. Mayor’s Advisory Committee on Health and Wellness
- Human Trafficking Taskforce
- Chas. Homeless Coalition
- Criminal Justice Coordinating Council (CJCC)
- NAMI
- SC Infant and Early Childhood Association
- DAODAS/Chas. Center and Dorchester Alcohol and Drug
- Healthy Tri-County (TUW lead)
- Zero Suicide Institute and Initiative– a commitment by DMH to suicide prevention and safer suicide care to all patients
- And many more...

COMMUNITY OUTREACH

- Festivals, conferences, health expos, parades
- Media coverage for topical mental health issues
- MH First Aid trainings
- MH Education/training for schools, churches, rotary clubs, etc.
- Numerous anti-stigma events
- Art of Recovery

Art of Recovery



Since 2017 -A community collaborative outreach project (Roper, MUSC, Chas. Center, CCEMS, CPD, Fetter, CDMHC, Lowcountry Food Bank, Access Health...)

*Improve health outcomes and reduce crime

*Every Wed. (3-5) at Mall Park – a street medicine team connects the downtown community to primary care, mental health, and substance use svcs.

*Free fresh fruits and veggies are provided to engage residents

FARMACY



- **Mental Health HEROES (MHH)** is CDMHC's supporting non-profit organization created in 2008 to support CDMHC's mission and patients.
- Housing assistance, medications, vocational needs, physical needs, other financial emergencies, educational scholarships, etc. are provided for patients.
- Santa's Helpers and adult patient party annually
- Community education around anti-stigma and mental illness is also supported through MHH (MHFA).
- Support us through <https://Smile.Amazon.com>



MENTAL HEALTH HEROES (MHH)



ACCESS TO CARE TAKE AWAYS...

- **Mobile Crisis - 24/7/365 (in all 46 counties in SC) 843-414-2350 or 833-DMH-CCRI**
- **Over 130 points of access to treatment in Charleston and Dorchester Counties (excluding Mobile Crisis who go anywhere but an ED)**
- **Most children (95%) are served in their schools – currently in 112 schools (telehealth for therapy and MD appointments available)**
- **Tricounty Crisis Stabilization Center (TCSC) open 24/7 for voluntary emergency psychiatric needs for adults (Re-opening in Feb. 2021)**
- **Same day/walk in appointments for routine or emergency intakes provided Monday – Friday from 9-3 at both clinics.**
 - **Appointments are welcomed, but it doesn't have to be an emergency to get help today!**



CDMHC CONTACT INFO

Charleston Clinic

2100 Charlie Hall Boulevard
Charleston, SC 29414
Ph: 843-852-4100

Dorchester Clinic

106 Springview Lane
Summerville, SC 29485
Ph: 843-873-5063

Business Office

2090 Executive Hall Blvd. Ste. 140
Charleston, SC 29414
Ph: 843-212-8980

SC HOPES

844-SC HOPES

Assessment/Mobile Crisis/Charleston Clinic Intake (24/7/365)

Local Phone: 843-414-2350

Statewide # - 833DMH-CCRI

TriCounty Crisis Stabilization Center and Triage Service (TCSC)

Ph: 843-953-2390

First Responder Support Team (FRST)

843-212-8980

Jennifer Roberts, Executive Director

843-414-2351, ext. 617

Jennifer.Roberts@scdmh.org

QUESTIONS/COMMENTS?

