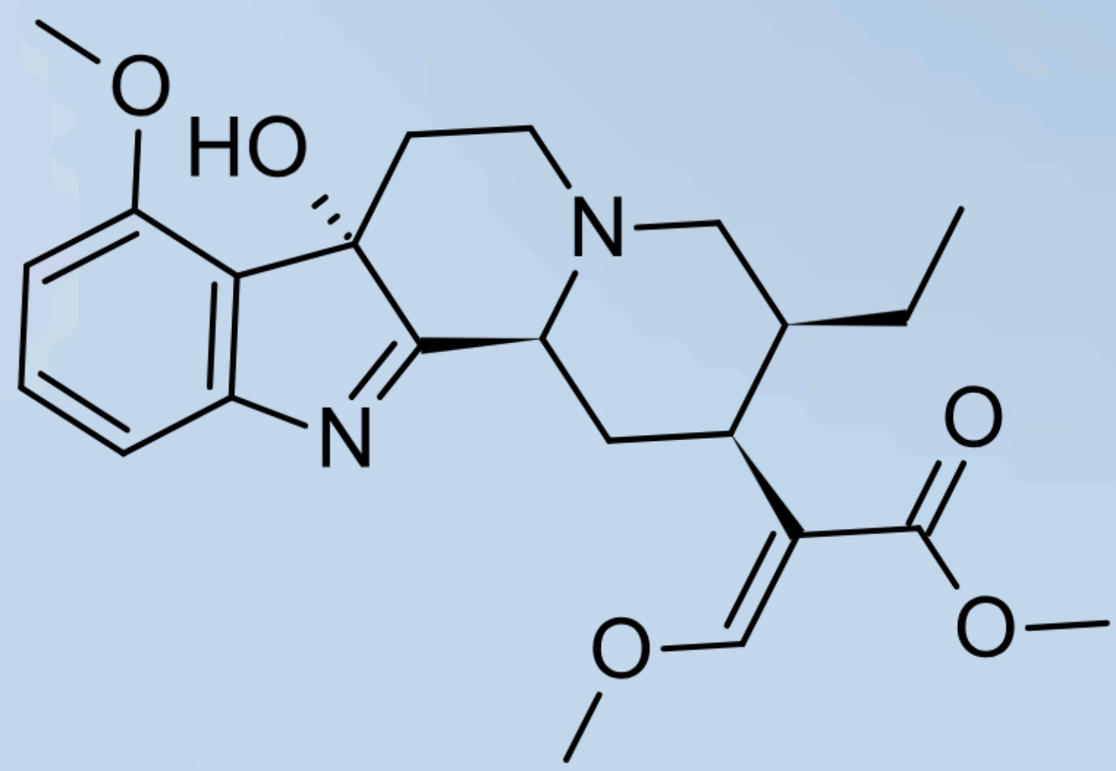
FACTS ABOUT 7-OH

THESE PRODUCTS MIGHT LOOK APPEALING, BUT THEY ARE NOT SAFE!!



Using can affect your brain and mood.



Even "natural" labels don't mean safe.

Can cause drowsiness, nausea, and confusion.

Overdoses can lead to coma or death.

Addiction can happen quickly.

7-OH is <u>NOT</u> the same as kratom.

DID YOU KNOW?

7-OH is not natural. Marketing, advertising, and labels are often misleading. You should always talk to a trusted adult – such as a healthcare provider, parent, caregiver, or teacher – before using any product.

TAKE THESE STEPS TO PROTECT YOURSELF

1 **Learn the real facts.**



2 **Don’t give in to peer pressure.**



3 **Choose healthy coping.**





4 **Make smart choices.**



5 **Talk to someone you trust.**



Do you or someone you love need help?

QR CODE WILL GO HERE FOR AGENCY WEBSITES

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BHDD SOUTH CAROLINA DEPARTMENT *of* BEHAVIORAL HEALTH AND DEVELOPMENTAL DISABILITIES

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